




# TOO SICK FOR SCHOOL

## PLEASE KEEP ILL STUDENTS OUT OF SCHOOL

The list below gives school instructions, not medical advice. Please contact your health care provider with health concerns. **During 2020-2021, anyone exposed to COVID-19 must stay home for 14 days.**

SYMPTOMS OF ILLNESS	THE STUDENT MAY RETURN AFTER...
 <b>Fever:</b> temperature by mouth of 100.4°F or higher	*The list below tells the shortest time to stay home. A student may need to stay home longer for some illnesses.  <b>*Fever-free for 24 hours</b> without taking fever-reducing medicine <b>AND</b> after a COVID-19 <b>test is negative, OR 10 days</b> if not tested.
 New <b>cough</b> illness <b>OR</b> New <b>difficulty breathing</b>	<b>*Symptom-free for 24 hours AND</b> after a COVID-19 <b>test is negative, OR 10 days</b> if not tested. If diagnosed with pertussis (whooping cough), the student must take 5 days of prescribed antibiotics before returning.
 <b>Headache</b> with stiff neck or with fever	<b>*Symptom-free OR</b> with orders from doctor to school nurse. Follow fever instructions if fever is present.
 <b>Diarrhea:</b> 3 loose or watery stools in a day <b>OR</b> not able to control bowel movements	<b>*Symptom-free for 48 hours OR</b> with orders from doctor to school nurse.
 <b>Vomiting:</b> one or more episode that is unexplained	<b>*Symptom-free for 48 hours OR</b> with orders from doctor to school nurse.
<b>Skin rash or open sores</b>	<b>*Symptom free</b> , which means rash is gone OR sores are dry or can be completely covered by a bandage <b>OR</b> with orders from doctor to school nurse.
<b>Red eyes with eye discharge:</b> yellow or brown drainage from the eyes	<b>*Symptom-free</b> , which means redness and discharge are gone <b>OR</b> with orders from doctor to school nurse.
<b>Jaundice:</b> new yellow color in eyes or skin	<b>*After the school has orders</b> from doctor or local public health authority to school nurse.
<b>Acting different without a reason:</b> unusually sleepy, grumpy, or confused.	<b>*Symptom-free</b> , which means return to normal behavior <b>OR</b> with orders from doctor to school nurse.
<b>Major health event,</b> like an illness lasting 2 or more weeks OR a hospital stay.	<b>*After the school has orders</b> from doctor to school nurse.
<b>Student's health condition requires more care than school staff can safely provide</b>	<b>*After measures are in place</b> for student's safety.